

MONO COUNTY BEHAVIORAL HEALTH MENTAL HEALTH SERVICES ACT FY 2020-2023 THREE YEAR PLAN & FY 2021-2022 ANNUAL UPDATE

Presentation to Mono County Board of Supervisors
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WHAT IS THE MHSA?

- Voter-approved measure passed in 2004
- Goal of transforming the mental health system
 - Consumer- and family-driven
 - Recovery oriented
 - Accessible
 - Culturally competent
- Report Components
 - Community Planning Process
 - Funding categories
 - PEI Evaluation Report
 - Annual Innovative Project Report



COMMUNITY PROGRAM PLANNING PROCESS

Suicide
Prevention
Event Idea
Board

Community
Health
Improvement
Planning
Workshop

Behavioral
Health
Advisory
Board Focus
Group

Community
Survey

California
Healthy Kids
Survey

Community
Outreach



TOP COMMUNITY NEEDS

Accessing
Mental
Health
Providers

Challenging
Family
Relationships

Lack of
programs &
services for
specific
groups

Isolation &
Lack of
Social
Involvement

Lack of
Knowledge
of Mental
Health
Issues

Mental
Health
Stigma

Lack of
Stable
Employment



TOP STRATEGIES TO PROMOTE MENTAL HEALTH

Increase community engagement through activities and programs

Provide more programs & services for special populations

Increase awareness of mental health programs

Use technology to promote connection

Offer services and programs at more convenient times and places

When possible meet basic needs

Recruit & retain high quality BH staff



MHSA FUNDING COMPONENTS

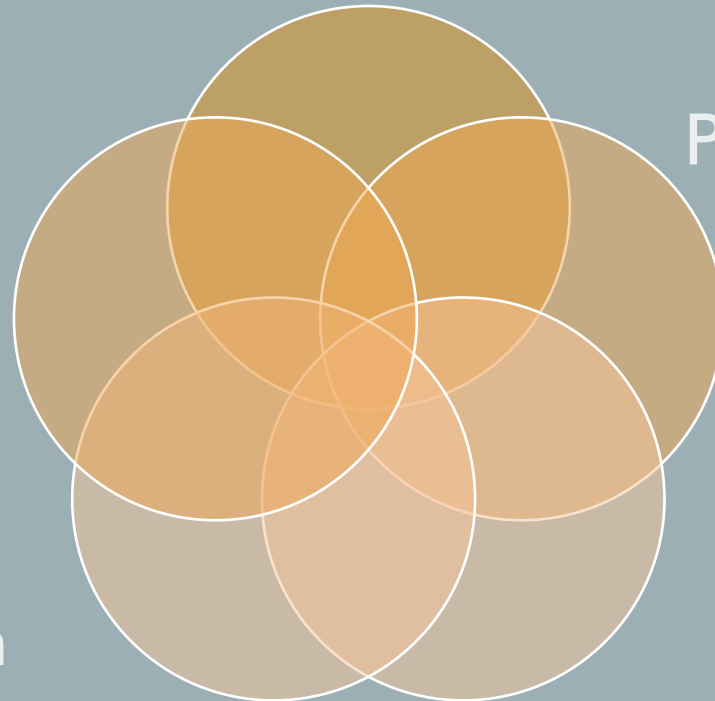
Community Services
& Supports

Capital Facilities
& Technological Needs

Prevention & Early
Intervention

Workforce Education
& Training

Innovation



COMMUNITY SERVICES & SUPPORTS

- Full Service Partnership Program
- Telehealth Services
- Wrap Program
- MHSA Housing Program
- Expansion of Case Management/Supportive Services
- Wellness Centers
- Crisis Intervention/Stabilization
- Community Outreach & Engagement
 - Socials & Foro Latino



PREVENTION & EARLY INTERVENTION

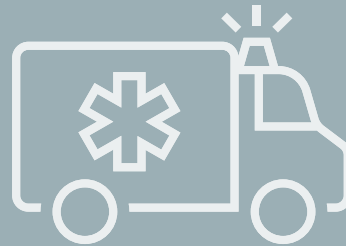
- Peapod Playgroup Program
- Walker Senior Center
- North Star School-Based Services
- Community Trainings
- Outreach in Outlying Communities to Increase Access and Linkage to Treatment
- Community Engagement to Reduce Stigma and Discrimination



INNOVATION

Innovation projects must be novel, creative, and/or ingenious mental health practices/approaches

- One on-going project approved by Mono County BOS & MHSOAC
 - Help@Hand (The Technology Suite)
- One planned project proposed to begin in FY 21-22
 - Mobile Crisis Response



WORKFORCE EDUCATION & TRAINING

- Trainings & Conferences
- Staff Supervision
- Loan Assumption Program



CAPITAL FACILITIES & TECHNOLOGICAL NEEDS

- MHSA Housing Project in Mammoth Lakes
- No Place Like Home Funding



KEY ACHIEVEMENTS & OUTCOMES

- Distributed more than 400 activity bags to help families cope in early days of pandemic lock-down
- During the 20-21 school year: 125 kids yoga classes, 42 diversity readings, 16 mindfulness sessions, and 15 wellness conversations
- Social media outreach from 66 Facebook followers to 1,011
- In FY 19-20 hosted two community healing events in response to several suicides
- Mental Health First Aid courses held and planned for FY 21-22
- Started yoga in the park in four communities in April
- Offering expanded community programs this summer



Supporting You On Your Path
Apoyandote En Tu Camino

QUESTIONS & DISCUSSION

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